



## Fun for the whole family, don't miss the **FREE Community Wellness Fair!**



- C&F Bank Financial Wellness
- Blood Pressure Checks
- Walgreens Discount Drug Program Details
- Nutrition For Your Body, Demos and Snacks

**Door Prizes. Poster Contest.**



- Three Rivers Health Dept. COVID and Flu Shots
- Northern Neck Middle Peninsula Community Services Board
- PHN School Immunizations
- PCDC Supporting Children Birth to Age Five

**Child ID. Car Seat Installation.**



- NAMI Mid-Tidewater Chapter
- West Point Police
- Massage Therapy Services
- YMCA
- Day Springs Farm
- WIC

**Samples, and Much More!**

**Saturday, March 25**  
**9:30 a.m. - 1:00 p.m.**  
C&F Bank  
415 14th Street West Point

